I. **We will be disciplined when we sin.** 1:17

1. God prepares our discipline.
2. God is precise with our discipline.

II. **We should be distressed when we sin.** 2:1-6

1. Cry out and God will hear. 2:1-2
2. Count the cost and God will help. 2:3-6

III. **We can be delivered when we sin.** 2:6-10

1. Deliverance from sin is a spiritual matter. 2:6-9
   a. We must remember the Lord is our Savior. 2:6-8
   b. We must honor the Lord with our service. 2:9
2. Deliverance from sin is a physical matter. 2:10